

Modification to Cepa Book 2012 for year 2013

Made and approved from Cepa Committee – Parades / Portugal 28/10/2012

Page 80

Substitute in the middle the chapter “limitation on jumps and spins in a free skating long programme” with this:

Well balanced Free skating Long Programme

- *A jump of the same kind (type and rotation), with the exception of one revolution jumps or less, can be performed no more than three (3) times in the whole programme.*
 - *If the skater performs the same jump (type and rotation) more than three (3) times, a deduction of 0.3 from the “A” mark will be applied.*
- *All the combination jumps MUST be different.*
 - *If a skater performs the same combination jumps more than once, a deduction of 0.3 from the “A” mark will be applied.*
- *There MUST be at least two (2) spins, one of which MUST be a combination.*
- *If the skater does not perform a combination spin, a deduction of 0.5 will be applied from the “A” mark.*
- *If the skater performs less than two (2) spins a deduction of 0.5 will be applied from the “A” mark.*
- *The Spins MUST be evenly distributed throughout the programme, this means, that between two (2) spins there MUST be at least two (2) other different elements (at least one sequence of steps AND one Jump/or Combination of Jump). A deduction of 0.5 will be applied from the “B” mark by the Referee for a programme that is not well balanced.*

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JUNIOR - 19 years (1994 inc.)

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YOUTH - 17 years (1996 inc.)

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CADET - 15 years (1998 inc.)

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Cadet – In the long Programme part, add at the end:

*In the programme there MUST be at least a Toe Loop element, single &/or double &/or Triple, executed as a single jump or in a combination. Deduction of 0,2 from the “A” mark will be given by the Referee for an **Open Toe Loop**.*

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Substitute the chapter “Espoir” with this:

ESPOIR - 13 years (2000 inc.)

Only free skating long programme 3.00 minutes +/- 10 seconds

Can insert only:

Jumps.

Max. Jumps of 2 revolutions (no double axel and triples!)

A total of twelve (12) jumps will be allowed, from which two (2) combinations can be executed (from 2 to 5 Jumps).

*In the programme there MUST be at least a Toe Loop element, single and/or double, executed as a single jump or in a combination. Deduction of 0,2 from the “A” mark will be given by the Referee for an **Open Toe Loop**.*

Spins:

Can perform only maximum three (3) Spins:

Upright spins

Sit spins

Any Camel spins (no Broken Ankle!)

Combination spins are free from the spins listed above

Footwork:

there must be one step sequence (circle or line/diagonal or serpentine) of the skater’s choice, to include:

- three (3) consecutive brackets,

AND

- one “loop step” (double three with wrapped free leg). A good execution of the wrapped free leg will receive a BONUS of 0,2 in the “A” mark by the Referee.

One spiral (arabesque) sequence with minimum 2 positions, fully utilizing the long axis of the rink surface and minimum one-half of the short axis. Extreme CONTROLLED flexibility (the position of the free leg more than 150° from the floor held for at least two (2) seconds), at least in one position, will be awarded with a BONUS of 0,2 in the “A” Mark, by the Referee. The pattern should be serpentine with at least two bold curves.

- *A jump of the same kind (type and rotation), with the exception of one revolution jumps or less, can be performed no more than three (3) times in the whole programme.*
 - *If the skater performs the same jump (type and rotation) more than three (3) times, a deduction of 0.3 from the “A” mark will be applied.*
- *All the combination jumps MUST be different.*
 - *If a skater performs the same combination jumps more than once, a deduction of 0.3 from the “A” mark will be applied.*

- There MUST be at least two (2) spins, one of which MUST be a combination. One Spin must be a Single Sit Spin OR Combination of any Sit Spins (this Spin cannot include other positions than Sit).
 - If the skater does not perform a combination spin, a deduction of 0.5 will be applied from the “A” mark.
 - If the skater performs less than two (2) spins a deduction of 0.5 will be applied from the “A” mark.

- The Spins MUST be evenly distributed throughout the programme, this means, that between two (2) spins there MUST be at least two (2) other different elements (at least one sequence of steps AND one Jump/or Combination of Jump). A deduction of 0.5 will be applied from the “B” mark by the Referee for a programme that is not well balanced.

○

Please Note: Extra elements will receive no credit by the Judges and the skater will have a deduction for each one of 0.5 point in “B” mark given by the Referee. Each Element not attempted will have a deduction of 0.5 in the “A” mark given by the Referee.

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Substitute the chapter “Minis” with this:

MINIS - 11 years (2002 inc.)

Only free skating long programme 2.30 minutes +/- 10 seconds

Can insert only:

Jumps:

Max. Jumps of 1 revolution + axel, double toe loop and double salchow.

A total of ten (10) jumps will be allowed, from which two (2) combinations can be executed (from 2 to 5 Jumps)

In the programme there MUST be at least a Toe Loop element, single and/or double, executed as a single jump or in a combination. Deduction of 0,2 from the “A” mark will be given by the Referee for an Open Toe Loop.

Spins:

Can perform only maximum three (3) Spins:

Upright spins

Sit spins

Camel (not broken ankle, not heel, not inverted)

Combination spins are free from the spins listed above

Footwork:

there must be one step sequence (circle or line/diagonal or serpentine) of the skater's choice, to include:

- three (3) consecutive brackets,

AND

- one “loop step” (double three with wrapped free leg). A good execution of the wrapped free leg will receive a BONUS of 0,2 in the “A” mark by the Referee.

One spiral (arabesque) sequence with minimum 2 positions, fully utilizing the long axis of the rink surface and minimum one-half of the short axis. Extreme CONTROLLED flexibility (the position of the free leg more than 150° from the floor held for at least two (2) seconds), at least in one position,

will be awarded with a BONUS of 0,2 in the “A” Mark, by the Referee. The pattern should be serpentine with at least two bold curves.

- *A jump of the same kind (type and rotation), with the exception of one revolution jumps or less, can be performed no more than three (3) times in the whole programme.*
 - *If the skater performs the same jump (type and rotation) more than three (3) times, a deduction of 0.3 from the “A” mark will be applied.*
- *All the combination jumps MUST be different.*
 - *If a skater performs the same combination jumps more than once, a deduction of 0.3 from the “A” mark will be applied.*
- *There MUST be at least two (2) spins, one of which MUST be a combination. One Spin must be a Single Upright Spin OR Combination of any Upright Spins (this Spin cannot include other positions than Upright).*
 - *If the skater does not perform a combination spin, a deduction of 0.5 will be applied from the “A” mark.*
 - *If the skater performs less than two (2) spins a deduction of 0.5 will be applied from the “A” mark.*
- *The Spins MUST be evenly distributed throughout the programme, this means, that between two (2) spins there MUST be at least two (2) other different elements (at least one sequence of steps AND one Jump/or Combination of Jump). A deduction of 0.5 will be applied from the “B” mark by the Referee for a programme that is not well balanced.*

Please Note: Extra elements will receive no credit by the Judges and the skater will have a deduction for each one of 0.5 point in “B” mark given by the Referee. Each Element not attempted will have a deduction of 0.5 in the “A” mark given by the Referee.

Page 84-85

In-Line:

Substitute at the end the chapter “Restrictions on elements in the Long Programme” with this:

Well balanced Free skating Long Programme

- *A jump of the same kind (type and rotation), with the exception of one revolution jumps or less, can be performed no more than three (3) times in the whole programme.*
 - *If the skater performs the same jump (type and rotation) more than three (3) times, a deduction of 0.3 from the “A” mark will be applied.*
- *All the combination jumps MUST be different.*
 - *If a skater performs the same combination jumps more than once, a deduction of 0.3 from the “A” mark will be applied.*
- *There MUST be at least two (2) spins, one of which MUST be a combination.*
- *If the skater does not perform a combination spin, a deduction of 0.5 will be applied from the “A” mark.*
- *If the skater performs less than two (2) spins a deduction of 0.5 will be applied from the “A” mark.*
- *The Spins MUST be evenly distributed throughout the programme, this means, that between two (2) spins there MUST be at least two (2) other different elements (at least*

one sequence of steps AND one Jump/or Combination of Jump). A deduction of 0.5 will be applied from the “B” mark by the Referee for a programme that is not well balanced.

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At the end substitute the chapter “Promotional In-Line” with this:

Promotional In-Line. *The competition will be for skaters up to 14 years (1999 inc.), Men & Ladies together, with only a Long Programme of 2.30 min-3.00 max duration (+/- 10 sec). Long Programme rules are the same of the Senior In-Line Category.*

Page 86

Substitute in chapter “Warm-Up Competitions” the part about “Compulsory figures” with this:

- 1. Compulsory figures:*
- 15 minutes before the competition, 2 mins. per 4/5 skaters:
4 skaters for circle and 5 skaters for loop.
 - When the Competition starts: the competitor plus 4 skaters warming up in circle, the competitor plus 5 skaters warming up in the loop.
 - 10 minutes between second and third figure.
 - there will be a break of 5 min. between the second and third figure training warm-up and also third and fourth figure training warm-up (where necessary).
 - When numbers of the contestants is eight (8) or less the competitions for Ladies and Men will be together but the classification will be separate.

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End of page, point 3. of Toe Loop, become:

3. The BAD execution of the element (OPEN TOE LOOP):

A toe loop performed with a turn of the toe stop of more than one-quarter of a rotation whilst the employed foot is on the floor and the body position is turned more than one-quarter and the left arm/shoulder is open.

This is a bad execution and will therefore only get in the Short Programme the minimum value of 0.6.

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Page 87

Substitute the page with this:

Important:

In the Short Programme judges will give the ELEMENT “TOE ASSISTED JUMP” executed like above “3. third execution”, ONLY THE minimum value (0,6) in the A-mark and the Referee

will penalize the bad execution of the element by -0,5 points in the A mark.

This DOES NOT REFER TO THE COMBINATION JUMP.

Important:

~~From 2011~~ All Spins performed with additional hitching (entrance, change of positions or change of foot) of the employed foot (“pumping”) will be considered a poor quality spin.

Therefore in any programme Spins performed in this way will be penalized 0.3 points in the “A” mark by the Referee for EACH executed Spin.

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JUNIOR - 19 years (1994 inc.)
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YOUTH - 17 years (1996 inc.)
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CADET - 15 years (1998 inc.)
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ESPOIR - 13 years (2000 inc.)
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MINIS - 11 years (2002 inc.)
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PROMOTIONAL CADET - 15 years (1998 inc.)
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PROMOTIONAL YOUTH - 17 years (1996 inc.)
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PROMOTIONAL JUNIOR - 19 years (1994 inc.)
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SENIOR

Compulsory Dances: Starlight Waltz (2 sequences)
Argentine Tango (2 sequences)

OD: Spanish Medley – See rules Pages
(2.30 minutes +/- 10 sec.)
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DS 8.04.03 – Rhythms

Rhythm Combination

Foxtrot, Quickstep, Charleston.

Spanish Medley

Paso Doble, Flamenco, Tango, Spanish Waltz

Memories of Grand Ball

Waltz, Polka, March, Galop

Latin Combination

Mambo, Cha Cha, Samba, Rhumba

Swing Combination

Swing, Jive, Boogie Woogie, Jitterbug, Rock & Roll, Blues
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Year skated

2017

2013

2014

2015

2016

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ORIGINAL DANCE FOR 2013 **“SPANISH MEDLEY”**

Choice of Rythmns :

Flamenco. Tango. Paso Doble. Spanish Waltz.

The current rules apply – the Original Dance will consist of two (2) rhythms of the skaters choice as listed above. NOTE: a couple can repeat the first rhythm they have chosen, as the third change, BUT IT MUST BE THE SAME MELODY AND TUNE AS THE FIRST.

Length of time – 2 ½ minutes +/- 10 seconds.

Flamenco

Tempo – not set can be very fast, sometimes increases in tempo but also may be pauses and slow movements.

Music – varied and complex. Some 12 beat phrases divided into 4 sets of 3 with accents on 4,6,8,10,12.

Instruments – guitar, banderilla (Spanish Mandolin), castanets.

General Interpretation – appearing confident, but not overemphasized. Actually danced as solos – but can be very “man/woman” as dance as perform for one another – courtship, flirtation and dance around each other.

Tango

Tempo – varies from slow to medium.

Music - Either 1,2,3,4/and one (Argentine music)

Or 1,2,3, and 4 (Habanera music)

General Interpretation – stay very close in Tango or Reverse Tango hold – some with fast changes of direction – very “man/woman” – though may pretend attack/repel or ignore/pursue play “cat and mouse”

Paso Doble

Tempo - varies

Music – 2/4 time

General Interpretation – dance is also very “man/woman” with interplay of sexes and very close – she is strong, but he is stronger.

Spanish Waltz

Tempo - 90-180 beats/min, slow or fast depending on type selected

Music – 6/8 time

Instruments – Waltz music with strings or guitars and with Spanish flourishes such as sound of castanets etc. If vocal music is used it may have Spanish words.

General – Waltz positions and varied holds. A romantic “man/woman” relationship. Conforming the use of “Spanish” look but from Waltz – elegant, smooth, rhythmic, lilting with rotational movements and swaying.

Examples of Spanish Waltz music are :-

Kill Bill, Volume 2 (Malagena Salerosa)
Bizet, Volodos Fantasy of Carmen
Casadei, Valzer Spagnolo
Girasoli, Valzer Spagnolo

You can find information on the above tracks on the Internet.

If couples understand the “Origin” of a rhythm it gives an understanding of the dance and should help in the construction and choice of music for a particular Rhythm.

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JUNIOR - 19 years (1994 inc.)

Compulsory Dances: Flirtation Waltz (2 sequences)
Harris Tango (2 sequences)

OD: Spanish Medley – Same Rules of Senior OD
(2.30 minutes +/- 10 sec.)

YOUTH - 17 years (1996 inc.)

Compulsory Dances: Association Waltz (2 sequences)
Imperial Tango (4 sequences)

CADET - 15 years (1998 inc.)

Compulsory Dances: Denver Shuffle (4 sequences)
Siesta Tango (4 sequences)

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ESPOIR - 13 years (2000 inc.)

Compulsory Dances: Country Polka (4 sequence)
Canasta Tango (4 sequence)

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MINIS - 13 years (2002 inc.)

Compulsory Dances: Skaters March (4 sequence)
Carlos Tango (4 sequence)

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SENIOR

Compulsory Dances: Viennese Waltz (2 sequences)
Italian Foxtrot (2 sequences)

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JUNIOR - 19 years (1994 inc.)

Compulsory Dances: Blues (2 sequences)
Rocker Foxtrot (4 sequences)

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YOUTH - 17 years (1996 inc.)

Compulsory Dances: Terenzi Waltz (2 sequences)
Imperial Tango (4 sequences)

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CADET - 15 years (1998 inc.)

Compulsory Dances: Denver Shuffle (4 sequences)
Kent Tango (4 sequences)

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ESPOIR - 13 years (2000 inc.)

Compulsory Dances: Country Polka (4 sequence)
Canasta Tango (4 sequence)

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MINIS - 13 years (2002 inc.)

Compulsory Dances: Skaters March (4 sequence)
Carlos Tango (4 sequence)

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Substitute in chapter “Warm-Up Competitions” the part about “Compulsory Dances” with this:

1. *Compulsory Dances:* each group has 15 seconds warm-up without music and then one piece
(Couples & Solo Dance) of music is played for the warm-up.

If there is a skater/couple drawn to skate in the first compulsory dance in the last group and in the second compulsory dance in the first group there will be a break of 5 min. between the first and second dance for a change of costume if the skater/s wish.

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Page 116-117

Substitute the chapter “Costume Rules....” with this:

- *Costume Rules for Single, In-Line, Pairs, Dance and Solo Dance:*

In all artistic competitive roller skating events (including official training days), the costume for both women and men should be in character with the music, but should not be such so as to cause embarrassment to the skater, judges or spectators.

To clarify the paragraph above, the "appearance" of nudity of a costume is considered a violation of the above rules and will be penalised.

Costumes, which are very low, cut at the neck, or which show bare midriffs are considered show costumes, and are not suitable for championship skating.

Any beads or diamante trimmings used on the costumes must be very securely stitched so as not to cause obstruction to the following contestants.

The woman's costume must be constructed so that it completely covers the thigh (pants), hips and posterior. French-cut leotards are strictly prohibited, i.e. leotards which are cut higher than the hipbone. All costumes must have a COMPLETE skirt.

The man's costume must not be sleeveless. The neckline of the costume must not expose the chest more than three (3) inches or eight (8) centimetres below the collarbone; transparent material with the "appearance" of nudity is not permitted.

*The painting (or obvious strong make-up of any colour) on any part of the body, is considered a "show" and is not allowed in Figure, Free, Pairs, Dance and Solo Dance Skating
Props of any nature are not permitted.*

It is also forbidden to use anything attached to a costume as a prop, i.e. flowers, capes, lights, hats, etc. or anything used during a performance which may be attached in some way to the costume.

This means the costume remains the same throughout a performance with no additions during the performance, i.e. no use of props of any kind from beginning to end.

We are an "Artistic Sport" and it is not "Show".

Minis/Espoir – any exaggerated make-up in these two categories will be penalized by 0,3 in "B" mark upon discretion of the Referee except in Compulsory Dances where it will be deducted from the marks.

Penalties resulting from the violation of the costume rules will range between five tenths (0,5) and one point zero (1,0), in according to the degree of the violation. At the instruction of the Referee, this penalty will be deducted from the "B" mark after the score has been assigned by the judges.

Page 117

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Substitute the last sentence with this:

The Judges AREA is a forbidden/restricted area for everyone, this includes all practice sessions!!!! Anyone ignoring this rule will be removed from the rink.

Page 118

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Substitute the chapter "Competitions" with this:

Competitions

1. *Senior Precision Teams 16-24 skaters*
2. *Junior Precision Teams 16-24 skaters (ages official, no more than 19 yrs, 1994 included)*

IMPORTANT NOTE: the minimum age will be twelve (12) years, 2001 inc..

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Substitute the chapter “Competitions” with this:

Competitions

1. *Quartet*
2. *Small Groups 6-12 skaters*
3. *Large groups 16 skaters or more*
4. *Cadet Quartet (official ages)*
5. *Youth Groups (official ages) 8-16 skaters*

IMPORTANT NOTE: In all categories, with the exception of Cadet Quartet, the minimum age will be twelve (12) years, 2001 inc..

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Page 126

Substitute the chapter “Championships of Europe for all Categories” with this:

- Championships of Europe for all Categories

1. *The organisation of European Championships Junior&Senior must take place between the third and fourth weeks of September with a minimum of one week between European Championships Cadet&Youth and Junior&Senior.
The organisation of European Championships Cadet&Youth must take place in the period of the last week of August and the first week of September.*

2. Entry per nation

3 Ladies	(figure and Free)	2 combined maximum
3 Men	(figure and Free)	2 combined maximum
3 Pairs		
3 Dance		

3 Solo Dance	Junior & Senior European Championships only to include:
	3 Junior Ladies/ 3 Junior Men Solo Dance
	3 Senior Ladies/ 3 Senior Men Solo Dance

The Federation can enter only 3 ladies and 3 men competing in Figure and Free where maximum two can compete and be placed in combination, while the third skater is placed in Figures and Free and not in Combination. The names of the entries to Figures, Free and Combination must be specified at the entry form and cannot be changed after the initial draw of starting order.

3. Following Championships titles awarded

<i>Figures</i>	<i>Ladies & Men</i>
<i>Free</i>	<i>Ladies & Men</i>
<i>Combination</i>	<i>Ladies & Men</i>
<i>Pairs</i>	
<i>Dance</i>	
<i>Solo Dance</i>	<i>Junior & Senior European Championships only to include:</i>
	<i>Junior Ladies/ Junior Men Solo Dance</i>
	<i>Senior Ladies/ Senior Men Solo Dance</i>

4. Factor

<i>Individual / Combination</i>	=	<i>figures</i>	<i>2</i>
		<i>short</i>	<i>1</i>
		<i>long</i>	<i>3</i>
<i>Pairs</i>	=	<i>short</i>	<i>1</i>
		<i>long</i>	<i>3</i>
<i>Dance</i>	=	<i>compulsory</i>	<i>1</i>
<i>(Senior & Junior)</i>		<i>OD</i>	<i>1</i>
		<i>Free dance</i>	<i>1</i>
<i>Solo Dance</i>	=	<i>Compulsory</i>	<i>1</i>
<i>(Senior & Junior)</i>		<i>Free Dance</i>	<i>1</i>
<i>Dance</i>	=	<i>compulsory</i>	<i>1</i>
<i>(Youth & Cadet)</i>		<i>Free Dance</i>	<i>1</i>

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Substitute the point 2. Of the chapter “Cup of Europe” with this:

2. Per Nation

3 Ladies	in Minis, Espoir, Cadet & Youth
3 Men	in Minis, Espoir, Cadet & Youth
3 Pairs	in Minis, Espoir and Promotional categories
3 Solo Dance	in All Categories (From 2014 the J/S Solo Dance will be only in E.C.)
3 Couples Dance	in Minis and Espoir
3 Ladies	In-Line
3 Men	In-Line
3 Skaters	In-Line Promotional (up to 14 years – 1999 inc.), see page 84-85

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Substitute the point “Competitions” of the chapter “European Championship for Precision and Show Team” with this:

Competitions

1. Quartet
2. Small Groups 6-12 skaters
3. Large groups 16 skaters or more
4. Cadet Quartet (official ages)
5. Youth Groups (official ages) 8-16 skaters
6. Senior Precision Teams 16-24 skaters
7. Junior Precision Teams 16-24 skaters (ages official, no more than 19 yrs, 1994 included)

IMPORTANT NOTE: In all categories, with the exception of Cadet Quartet, the minimum age will be twelve (12) years, 2001 inc..

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Add this new point 5. :

5. Female Judges shall wear a navy blue dress (with or without a navy blue jacket or blazer); or a navy blue suit (skirt or trousers) with white blouse.

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Change the data of CEPA bank Account:

Confederation Europeenne de Roller Skating

Account N° 1941 – ABI 05308 – CAB 69440

IBAN IT 85 R 05308 69440 000000001941

SWIFT: BLOPIT22XXX

Banca Popolare di Ancona S.p.A.

Viale della Resistenza 168/y

63837 Falerone (FM)

Italy

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Appendix 1 – Add at the end of the paragraph “2. Serpentine Footwork Step” this:

If the first curve is skated clockwise, the second curve must be skated with rotations anti-clockwise or viceversa

Page 139

Substitute the list of the dances for Couple Dance with this list:

	2013	2014
Minis	Skaters March Carlos Tango	Glide Waltz City Blues
Espoir	Country Polka Canasta Tango	Olympic Foxtrot Rhythm Blues
Free Dance	2.30 min	2.30 min
Cadet	Denver Shuffle Siesta Tango	Tudor Waltz Swing Foxtrot
Free Dance	3.00 min	3.00 min
Youth	Association Waltz Imperial Tango	Kilian European Waltz
Free Dance	3.00 min	3.00 min
Junior	Flirtation Waltz Harris Tango	14 Step Imperial Tango
OD Free Dance	Spanish Medley 3.30 min	Memories of Grand Ball 3.30 min
Senior	Starlight Waltz Argentine Tango	Castel March Italian Foxtrot
OD Free Dance	Spanish Medley 3.30 min	Memories of Grand Ball 3.30 min

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Substitute the list of the dances for Solo Dance with this list:

	2013	2014
Minis	Skaters March Carlos Tango	Glide Waltz Olympic Foxtrot
Espoir	Country Polka Canasta Tango	Swing Foxtrot Rhythm Blues
Free Dance	2.00 min	2.00 min
Cadet	Denver Shuffle Kent Tango	Tudor Waltz Federation Foxtrot
Free Dance	2.00 min	2.00 min
Youth	Terenzi Waltz Imperial Tango	Kilian Association Waltz
Free Dance	2.30 min	2.30 min
Junior	Blues Rocker Foxtrot	Flirtation Waltz Harris Tango
Free Dance	2.30 min.	2.30 min.
Senior	Viennese Waltz Italian Foxtrot	Paso Doble Iceland Tango OR Tango Delancha
Free Dance	2.30 min.	2.30 min.

Page 141-142-143

Substitute Appendix n°3 with this :

CEPA BONUS / DEDUCTIONS

FIGURE DEDUCTIONS

1.	Touch Down on the Major Part	1.0	deductions by the Referee
2.	Touch Down on the Minor Part	0.5	deductions by the Referee
3.	Fall or stop	1.0	deductions by the Referee
4.	Incorrect turn	1.0	deductions by the Referee

GENERAL

1.	Kneeling or laying on the floor,	0.3	deduction by the Referee - B mark
2.	Costume violation	0.5-1.0	according to the degree of violation
3.	Excessive make-up Minis/Espoir	0.2	deductions by the Referee - B mark
4.	Duration shorter than required	0.2	deduction by the Referee - B mark
			in A & B mark for each 10 seconds under –

deductions by the Referee

COMPULSORY DANCE – COUPLES/SOLO

1.	Opening steps using more than 24 beats	0.1	for each extra beat deductions by the Referee
2.,	Entrance & exit longer than 15 secs	0.1	for each extra sec. deductions by the Referee
3.	Timing fault,	0.2	minimum by the Judges
4.	Falls		by the Judges
	small	0.1-0.2	
	medium	0.3-0.7	by the Judges
	major	0.8-1.0	by the Judges
5.	Each Compulsory Dance sequence not skated.	1.0	by the Referee

ORIGINAL DANCE – COUPLES

1.	Entrance & exit longer than 15 secs.	0.1	for each extra sec. deductions by the Referee
2.	Timing fault	0.2 (minimum)	by the Judges – B mark
3.	Falls		by the Judges – B mark
	small	0.1-0.2	
	medium	0.3-0.7	by the Judges – B mark
	major	0.8-1.0	by the Judges – B mark
4.	Each set element not performed	0.5	by the Referee – A mark
5.	Violation of set elements	0.2	by the Judge – A mark
6.	During the first and last 10 (ten) seconds of the OD stationary movements are allowed (but not obligatory) in character with the rhythm of the OD	0.2	by the Referee – A & B mark
7.	Pulling or pushing the partner by the boot or skate is not permitted	0.2	by the Referee – B mark

FREE DANCE – COUPLES

1.	Entrance & exit longer than 15 secs.	0.1	for each extra sec. deductions by the Referee
2.	Timing fault	0.2 (minimum)	by the Judges – B mark
3.	Falls		by the Judges – B mark
	small	0.1-0.2	
	medium	0.3-0.7	by the Judges – B mark
	major	0.8-1.0	by the Judges – B mark
4.	Each set element not performed	0.5	by the Referee – A mark
5.	Lift violation	0.2	by the Judge – A mark
6.	Carried Lifts	0.2	by the Judge – A mark
7.	Arabesque, Pivot, Spin violation	0.2	by the Judge – A mark
8.	Separations in excess of duration	0.1	by the Referee – A mark
9.	Jumps or revolution in excess	0.2	by the Judge – A mark
10.	Pulling or pushing the partner by the boot or skate is not permitted	0.2	by the referee – B mark

FREE DANCE – SOLO DANCE

1.	Entrance & exit longer than 15 secs.	0.1	for each extra sec. deductions by the Referee
2.	Timing fault	0.2 (minimum)	by the Judges – B mark
3.	Falls		by the Judges – B mark
	small	0.1-0.2	
	medium	0.3-0.7	by the Judges – B mark
	major	0.8-1.0	by the Judges – B mark
4.	Each set element not performed	0.5	by the Referee – A mark
5.	Excess jumps/Spins and/or revolutions	0.2	by the Judge – A mark

FREE SKATING

SHORT PROGRAMME – A MARK

1.	Jump Combination with more than 5 jumps	0.5	by the Referee
2.	Spin Combination with more than 3 positions	0.5	by the Judge
3.	Single Spin with more than one position	0.5	by the judge
4.	Each element not attempted	0.5	by the Referee
5.	“Pumping” in Spins	0.3	by the Referee
6.	Toe Loop (All kinds of Toe Loop) in the element “Toe Assisted Jump” as described in the 3 rd execution - page 86	0.5	by the Referee

SHORT PROGRAMME – B MARK

1.	Each fall	0.2	by the Referee
2.	Additional element	0.5	by the Referee
3.	Incorrect order of elements	0.5	by the Referee

LONG PROGRAMME

1.	Each fall	0.2	by the Referee – B mark
2.	Each set element not attempted	0.5	by the Referee – A mark
3.	Each Extra Element – No credit	0.5	by the Referee – B mark
4.	Each jump (type/rotation) performed more than three (3) times	0.3	by the Referee – A mark
5.	Each combination jumps performed more than once	0.3	by the Referee – A mark
6.	For programmes not containing a combination spin	0.5	by the Referee – A mark
7.	For programmes containing less than two (2) spins	0.5	by the Referee – A mark
8.	Programme not well balanced	0.5	by the Referee – B mark
9.	Open Toe Loop (All kinds of Toe Loop) Minis/Espoir/Cadet	0.2	by the Referee – A mark
10.	“Pumping” in Spins	0.3	by the Referee – A mark
11.	Properly wrapped “loop step”, Minis/Espoir receive a BONUS	+0.2	by the Referee – A mark
12.	Extreme CONTROLLED Flexibility in the Spiral Sq. Minis/Espoir	+0.2	by the Referee – A mark

PAIRS SKATING

SHORT PROGRAMME – A MARK

1.	Each element not attempted	0.5	by the Referee
2.	One position lift with more than 4 rotations	0.5	by the Referee
3.	Combination lift with more than 8 rotations	0.5	by the Referee
4.	Shadow spin with more than one position	0.5	by the Judge

SHORT PROGRAMME – B MARK

1.	Each fall	0.2 (one skater) 0.3 (both skaters)	by the Referee
2.	Additional elements	0.5	by the Referee

LONG PROGRAMME

1.	Each set element not attempted	0.5	by the Referee – A mark
2.	Each additional lift	0.5	by the Referee – B mark
3.	Lift with more than 4, 8 or 12 rotations	0.5	by the Referee – B mark
4.	Each fall	0.2 (one skater) 0.3 (both skaters)	by the Referee – B mark

PRECISION

1.	Elements not attempted	1.0	by the Referee - A mark
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2. Jumps of more than half ½ revolution or spins with more than one revolution	0.4	by the Judge - A mark
3. Lifts of any kind	0.4	by the Judge - A mark
4. Break in the execution of manoeuvres	0.2-0.4	by the Judge - A mark
5. Less than three (3) different handholds	0.4	by the Referee - A mark
6. Falls –		
• <u>Major</u> (more than one skater for a prolonged time	0.8-1.0	by the Judge - B mark
• <u>Medium</u> (either one skater for prolonged time or down and up for more than one skater)	0.4-0.6	by the Judge – B mark
• <u>Minor</u> (down and right up for one skater)	0.2	by the Judge - B mark
7. Stationary Position/laying on the floor	0.2	by the Judge - B mark

SHOW

All deductions given by the Referee

1. More than 4 typical precision elements	1.0	A mark per element
2. Entry into the rink longer than the permitted time	0.3	A mark
3. Exit of the rink longer than 40 sec. permitted	0.5	B mark
4. More than 15 sec. of music before first movement	0.2	B mark
5. When the performance is not a show but a precision	1.0	B mark
6. If elements, that are not allowed, are Included in the programme	0.5	A & B mark per element
6. Props not correctly used	0,5	A mark
7. Falls		
o <u>Major</u> (more than one skater for a prolonged time	0.8-1.0	B mark
o <u>Medium</u> (either one skater for prolonged time or down and up for more than one skater)	0.4-0.6	B mark
o <u>Minor</u> (down and right up for one skater)	0.2	B mark
8. Penalty for not cleaning the floor according to the rules	0.5	B mark

IF ANY UNFORESEEN EVENT SHOULD HAPPEN DURING THE CHAMPIONSHIPS WHICH ARE NOT PROVIDED FOR IN THE WRITTEN REGULATIONS, THE MATTER SHALL BE SETTLED BY THE REFEREE IN THE BEST INTERESTS OF THE SPORT.

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CEPA (Le Comité) 2013

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